

Dear Patient,

The NHS is committed to reducing greenhouse gas emissions from inhalers, with a target to reduce the carbon impact of inhalers by 50% by 2030.

Metered dose inhalers (MDIs) are the single biggest source of carbon emissions from NHS medicines prescribing.

The NHS has advised that Ventolin® Evohalers should **no longer** be prescribed and that all Salbutamol MDIs should be prescribed by the brand Salamol® (which you may already be receiving). Some Salbutamol inhalers, including Ventolin®, have a carbon footprint more than double that of Salamol® (28.26kg of carbon dioxide per Ventolin® Inhaler compared with 11.95kg for Salamol®)

Salamol® works in the same way as other Salbutamol MDIs. It may taste a little different, but this does not affect the way it works. The new inhaler will deliver the same amount of Salbutamol in each dose. Please see the video for your guidance - [How to use a pMDI inhaler | Asthma UK](#)

Your prescription has been changed to Salamol®. Please use this inhaler in the same way as Ventolin®. In the interim **use up your old Ventolin Inhaler** before you pickup your new Salamol Inhaler to avoid wastage.

Also, a note on how to **dispose a finished inhaler** - if a finished inhaler is put in the general waste, it can end up in landfill. This risks the canister being crushed or pierced, releasing more propellant into the atmosphere. For this reason and to reduce plastic pollution, when you finish using your inhalers, please **return them to a pharmacy** to be disposed of in an environmentally safe way.

Thank you for your support with this.

Kind regards,  
Practice Support Pharmacist  
On behalf of Quedgeley Medical Centre