



QUEDGELEY MEDICAL CENTRE
CARING FOR YOU AND YOUR FAMILY

CANCER CARE

PATIENT INFORMATION SHEET

A cancer diagnosis can be a scary time. You and those close to you may have many concerns and fears, as well as lots of questions to ask. We hope this information will help you and those close to you identify and seek the support available.

We are here for you.

In addition to the ongoing care and support you will receive from the cancer specialists at the hospital you are under, we are here to support you throughout your treatment journey, and beyond.

As part of this, you will be invited for an appointment with one of our clinicians to discuss your recent diagnosis.

This is called a **Cancer Care Review**.

It is an opportunity to discuss any ongoing treatment you may have and potential side-effects of this treatment.

Health and Wellbeing is more than just physical illness and medications.

For non-medical concerns or worries, such as financial, practical, social, or emotional matters, our Social Prescribing team here at the surgery may be to help or refer you to someone who can.

Call us or visit our website to self-refer to the social prescribing service.

www.quedgeleymedicalcentre.nhs.uk/services/social-prescribing/

Support Services and Useful Links

Macmillan Cancer Support

Provide a range of information to cancer patients and their loved ones via their website, as well as confidential online support and telephone support 7 days a week.

0808 808 0000

www.macmillan.org.uk

Maggie's

Free support from cancer support specialists, as well as opportunity to meet others going through similar experiences via their centre in Cheltenham.

01242 250611

www.maggies.org/our-centres/maggies-cheltenham

Charlie's Community Support

Gloucester based charity providing support, therapies, and activities for anyone affected by cancer.

01452 939000

www.charlies.org.uk

Focus Support Centre

Cheltenham + Gloucester Hospitals Charity's team work alongside clinical NHS teams to provide information, help and advice for local cancer patients and their loved ones.

0300 422 4414

www.qloshospitals.nhs.uk/charity

Financial Support

Citizens Advice

0808 189 6280

www.citizensadvice.org.uk

Marie Curie

0800 090 2309

www.mariecurie.org.uk/information/money-and-work

Coping with Cancer

Cancer Research UK provides information and support on the emotional, physical, and practical effects of cancer and how to manage them.

www.cancerresearchuk.org/about-cancer/coping

Future Planning

Power of Attorney - a legal document that allows someone to give another person the power to make decisions on their behalf.

www.gov.uk/power-of-attorney

Making a Will ensures your assets go to the people and causes you care about and establishes who will manage your affairs after death.

www.gov.uk/make-will

The ReSPECT process creates personalised recommendations for a person's clinical care and treatment in a future emergency in which they are unable to make or express choices.

www.resus.org.uk/respect

An advance decision to refuse treatment (sometimes known as a living will) lets your healthcare team know your wishes if you are not able to communicate them.

www.nhs.uk/conditions/end-of-life-care/planning-ahead

End of Life Awareness

Longfield Hospice provides free care, 365 days a year for adults in Gloucestershire living with a life-limiting illness and support for their loved ones and carers. Longfield Hospice, Sue Ryder and Gloucestershire Carers Hub work together to provide **support for carers** of people who are dying.

www.longfield.org.uk

www.sueryder.org/end-of-life-care

www.gloucestershirecarershub.co.uk